

NEWS Roundup

Week Ending 06.11.20



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ChALC Focus

ChALC Virtual Training Sessions – New dates and courses

The highly popular Finance and Budgeting Courses delivered by Steve Parkinson are fully booked for 2020 – but new dates for these are now available in early 2021. Steve is also offering the following new courses: -

- **Internal Controls**
New course, 3 dates – 10 December, 26 January, 11 February 2021. More will be added if there is a demand.
- **The Role of Internal Audit**
New course, 3 dates – 13 January, 4 and 16 February 2021. More will be added if there is a demand. Please note: This is for councillors and clerks, please do not book would-be internal auditors on this course.
- **Year-end Accounts & Audit**
New course, 11 dates from 10 February to 20 April 2021. More will be added, subject to demand.

No other details are available yet – please contact Nikki Hewitt on nikkihewitt@chalc.org.uk if you are interested in attending. N.B. The latest training schedule with new dates, times and course outlines can be downloaded from our website [here](#)

National Self-Care Week 16th to 22nd November 2020

As we head into another lock-down period the importance of self-care has never seemed more relevant. The Self Care campaign is a national awareness week that focuses on embedding support for self care across communities, families and generations. Self care is all about keeping fit and healthy, understanding when you can look after yourself for self-treatable conditions, when a pharmacist can help and when to get advice from a GP. For those with long-term conditions it is about understanding the condition and how to best live with it.

As part of Self-Care Week, ChALC is offering online workshops on Wellbeing.

We know many of you are working from home and may be missing the usual support networks we have access to. Self-Care Week gives us an opportunity to reflect on that and to make sure we don't forget ourselves while we are looking after and supporting others.

**** WELLBEING WORKSHOP 16th NOVEMBER 2020****

The 90-minute workshop will be interactive and live, and be delivered by Arnie Skelton, whom many of you will know through previous workshops.

This Workshop will address the following issues: -

- 3 key components: physical, emotional and mental wellbeing – do they inter-relate, and if so, how?
- practical and positive tips to help in each of these areas
- open session: your questions answered

To maximise flexibility and choice, the workshop will be run twice on 16th November:

- Workshop 1: 9.30am – 11.00am
- Workshop 2: 11.30am – 1.00pm

**Cost: £25 for members
£40 for non-members**

N.B. Numbers are limited to 12 per workshop!

To book your place please contact Nikki Hewitt – nikkihewitt@chalc.org.uk

A useful Self Care Forum <http://www.selfcareforum.org/> fact sheet about **Covid-19 and Self Care: Boosting your Mood** is attached to this bulletin for you to print off and share.



NALC Focus

Coronavirus Information for Local Councils

NALC continues to provide advice and guidance for parish and town councils on its dedicated webpage [here](#)

Other

New National Restrictions from 5th November

Information on the new national restrictions, including what they mean for working from home and business closures, why they are being introduced and the financial support available can be found at [GOV.UK](https://www.gov.uk)

Cheshire and Warrington LEP Grant Schemes

Cheshire & Warrington Local Enterprise Partnership have awarded a further £1 million to provide grants to help small businesses meet some of the extra costs created by the COVID restrictions. Please click on [Cheshire & Warrington Recovery Consultancy Grant](#) or [Cheshire and Warrington Restructure Capital Grant](#) for further details.

Remembrance Sunday activities

Updated guidance in line with new restrictions from the MHCLG is available from GOV.UK [here](#)

Cheshire West & Chester Focus

3 Member Briefings and associated papers attached

1604 - Sustainable Transport Taskforce: The Council has confirmed membership of a new independent taskforce to consider what the opportunities and barriers may be to deliver ambitious inclusive walking, cycling and public transport projects and what can be done to secure positive outcomes.

1605 - Cheshire West and Chester calls poverty emergency: At Full Council on October 22, a proposal brought to Cabinet in July by Cllr Clare that Cheshire West and Chester Council calls a Poverty Emergency received Council approval. **Plus additional document (1605) Poverty Emergency – Motion to support decision at Council.**

1606 – New national restrictions: Further information on the latest national announcements and the Council's initial response.

Live Well
Cheshire West

Live Well Cheshire West

As we go into a second wave of lockdown for all the Local Coronavirus outbreaks and the rules in your area Live Well has all the latest updates [HERE](#). For anything else regarding Coronavirus the [Coping With Coronavirus \(COVID 19\)](#) section has everything you need from Anxiety & Mental Health Support to Things to do at home its all in one place.

Also this week we are pleased to say that all the new Care Community Pages are now live on the site and you can find them in [Your Community and Things to do](#), take a look and tell us what's missing, or what changes you want to see. We have also produced a helpful how to video which you can find [HERE](#) so if you are new to Live Well take a look.

Connections Online Engagement Meeting 26th November 2020 6pm

Following the really well attended Planning session on the 4th November, the next online engagement meeting between Cheshire West and Chester Council and town and parish councils, in partnership with the Cheshire Association of Local Councils, will take place on Thursday 26 November 2020, 6-7pm. Town and parish councils will have the opportunity to meet Cheshire West and Chester Council's Head of Transport and Highways - Sean Traynor, Highways Commissioner - Jamie Barron and Area Engineer - Karl Farrow. They will explain the impact COVID-19 has had on the service, provide an update following the recent consultation on Highways Service delivery and respond to questions that have been submitted in advance.

Please email nikkihewitt@chalc.org.uk to register your interest in attending this online meeting and submit any questions by Thursday 19 November 2020. A join the meeting link will then follow after you have confirmed you wish to attend.

Cheshire East Focus

National Safeguarding Adults Week 2020

Cheshire East Council and the Safeguarding Adults Board are supporting National Safeguarding Adults Week with a range of activities to make people aware of the different types of abuse that some people experience. Groups, volunteers and frontline workers can use these Eventbrite links to book onto sessions : -

Wednesday 11th November 2020 at 7pm to 8:30pm – Get Safe Online – Staying Safe Online

<https://www.eventbrite.co.uk/e/get-safe-online-back-to-basics-staying-safe-online-training-tickets-127434306441>

Tuesday 17th November – Lunch and Learn by CWA Supporting Adults affected by Domestic Abuse (Adults)

<https://www.eventbrite.co.uk/e/supporting-adults-affected-by-domestic-abuse-lunch-and-learn-with-cwa-tickets-126385134339>

Thursday 19th November 2020 at 10:30am to 12noon – Get Safe Online – Staying Safe Online

<https://www.eventbrite.co.uk/e/get-safe-online-back-to-basics-staying-safe-online-training-tickets-127436799899>

Friday 20th November at 1:30pm to 2:30pm – Organisational Abuse Talk (via Microsoft Teams)

<https://www.eventbrite.co.uk/e/safeguarding-week-organisational-abuse-awareness-tickets-127438454849>

Friday 20th November – Lunch and Learn by CWA Supporting Children affected by Domestic Abuse (Children)

<https://www.eventbrite.co.uk/e/supporting-children-affected-by-domestic-abuse-lunch-learn-with-my-cwa-tickets-126388388071>

For full details of activities and resources across the week visit:

<http://www.stopadultabuse.org.uk/NSA2020>

Western Power Distribution festive community support grants

Applications for the 'In This Together – Community Matters Fund' for up to £1,500 are welcome from registered charities, community groups and councils within the WPD distribution network area. The application form is available from the WPD website www.westernpower.co.uk/ITT-festive-fund and the closing date for submissions is Sunday 15 November.

Later Life Inclusion Grants – Masonic Charitable Foundation

The Later Life Inclusion grants programme is open to local and national charities that are working to reduce loneliness and isolation in later life. <https://mcf.org.uk/get-support/grants-to-charities/later-life/> The current application period for Small Grants runs until 23 December. An application form and guidance is attached to this bulletin.

Social Value Award Launch Event - 23rd November 2020

Launch Event 11:00 – 12:00 and VIP Preview 12:00 – 12:30 The Cheshire East Social Action Partnership has been supporting the development of the new Social Value Award. The event and the Award process will help to showcase some of the amazing contributions and the difference that local businesses, VCFSE, and public sector organisations have made within our local communities. The application process is already open and we already have a few organisations who have been successful: <https://socialvaluebusiness.com/social-value-award-awardees>

You can apply for the Award now via the Social Value Business Website:

<https://socialvaluebusiness.com/social-value-award---cheshire-and-merseyside> A flyer is also attached for information and display.

Cheshire East Winter Preparedness Plan 2020-2021

This document outlines the Met Office alert levels for weather risk, and the actions that should be taken by individuals and communities. The Plan is attached to the bulletin

Covid-19 Briefing for Elected Members 5.11.2020

See attached document for the latest information about **Second lockdown begins** and **Corporate Plan consultation**

Peak District National Park Management Plan Consultation

Peak District National Park are seeking views on the draft definition of what it means to be a 'thriving and sustainable community and to ensure it serves the needs of organisations delivering and providing services. The draft is attached to this bulletin and comments are invited to policy@peakdistrict.gov.uk by **Monday 7th December 2020**.

VACANCIES

Kingsmead Parish Council
Clerk & Responsible Financial Officer
20 hours per week
Closing Date: 13th November 2020

Kingsley Parish Council
Part-time Clerk & Responsible Financial Officer
8 hours per week initially
Closing Date: 27th November 2020

****** NEW - Wistaston Parish Council ******
Part-Time Clerk & Responsible Financial Officer
21 hours per week
Closing date: 30th November 2020

Further details about these vacancies are available [here](#) on the ChALC website

