

Could you help us to deliver a Health and Wellbeing New Year Resolution?

The refreshed Joint Health and Wellbeing Strategy 2017-2020 has the exciting vision to enable people to live well for longer; independently and enjoying the place where they live – but **we need your help.**



Our aim is to improve health and wellbeing for all by building on the strengths of people and communities in towns and villages across the borough. We want to help people be happier, healthier and independent for longer so they can live the best lives possible in Cheshire East

If you want to: -

- Understand our Strategy priority areas
- Find out how we can help you with your challenges by working together
- Coach, challenge and support each other on shared health outcomes
- Get maximum impact for the resources available

Then we want you at one of our workshops!

Friday 5th January 2018 from 9.30am to 12.00pm:
Council Chamber, Municipal Buildings, Earle Street, Crewe, CW1 2BJ

OR

Monday 15th January 2018 from 12.30pm to 3.00pm:
Capesthorpe Room, Macclesfield Town Hall, SK10 1EA

To book your place please contact Grace Walley grace.walley@cheshireeast.gov.uk (01270 686242) identifying which workshop you wish to attend. Further details will follow closer to the workshop.

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